



**Parent Advisory Council  
Pitt Meadows Elementary School  
École Élémentaire Pitt Meadows**

**PAC Agenda  
November 10, 2020  
Zoom**

Meeting begun: 6:31pm  
Meeting adjourned: 8:08pm  
Minutes by: Joy Logie

Welcome & circulation of Attendance Sign In Sheet

Review & Acceptance of Agenda

- *Motion to accept agenda by [Rachel]. Seconded by [Lisa] . Approved.*

Review and acceptance of Minutes of last meeting

- *Motion to accept agenda by [Rachel]. Seconded by [name] . Approved.*

### **Special Presentation**

#### **Family Resource Centre**

- Sarah Kwan
- Teach workshops in schools
- Partnership with SD42
- Middle Years Development Instrument – how connected do you feel to your community; build workshops from this instruments
- Taught optimism
- Optimism cards
- Write something nice about someone in their classroom \$35/class
- Conflict resolution - Grade specific for teaching; conflict style management, condenses to smaller sessions 2 hour session
- Gratitude workshops \$17 (30-40 min)
- Empathy workshop \$17/class 30-40 min
- Confidence in covid \$17/class 30-40 min
- Can customize workshops as well
- Teach onsite or on Zoom
- Shelley – was a great workshop that we did last year
- Family Ed – support families and children – no groups for the next 2 weeks because of COVID restrictions
- Connect parenting group in Jan
- Mental Wellness on line

- Anger Management for men and women; separate one for children
- multicultural women's groups
- everything said in the office, is kept in confidence
- Asked Shelley which

### **School Counsellor Introduction**

- Kim Kozlik
- Start at September
- School culture – first week and the staff are warm and welcoming
- What does she do?
- Supports kids, parents and staff
- Parents - consult with them, go to classroom teachers first, will make recommendations for outside of school resources
- Kids – individual, group or classroom presentations; being doing individual work; separation anxiety, coping strategy, self esteem, understanding their own adhd, psycho education; friendship, kindness, empathy, can help provide support with grief and loss
- Staff – conversations with staff (resiliency); different consultations with staff; next presentation with trauma
- Question -are kids more heightened especially this year?  
A – In general, the kids seem to be doing okay. Seems like the adults are a little more anxious
- Now is the time for self care and stay connected with each other
- Thank you for participating in the meet the staff monday

## **Administration Report**

### **Principal's Report**

- Remembrance Day – different feel because of no assembly; look for different ways to honour and remember our veterans; painted rocks (Jen B); media coverage; SD42 did little reminders on the website; 10-12 kids parted with their rocks and placed it on the cenotaph; News on the SD42 website; SD42 twitter feed as the pictures from today – 2 zoom assemblies; video presented from zoom remembrance
- Student inclusive conferences; zoom conferences; 10<sup>th</sup> and 11<sup>th</sup> of December; process will get report card and portfolio a head of time and discuss with children and come up with a goal and have it - Parent portal for sign up

- Talked about how we cannot become complacent with COVID protocols
- Thank you for the photo volunteers – health check for retakes
- physical copies of pictures came home today
- Spider web – next step is to send in a requisition with a quote
- Thank you for the help with the Lost & Found and the coat rack
- Noon hour supervisor – PME is really great about their COVID protocols and the kids on the playground

## Committee Reports

### Chair Report (Heather Rhodes)

- Vote on new bylaws
- Acknowledging the territories when we hold any meetings
- Need exact wording on the by laws
- Email signatures with recognizing the territories
- Erin was great about editing the by laws
- Poll set up for the by-laws; accept 100%
- Photo Retake Day volunteers 8:30 lunch
- Spider Web replacement - \$40K; parent would do \$30 and \$10K; parent will cover; the footings need to remove by the SD42 before the installation by Feb; name of parent's company who has the money
- PST rebate from district – rebate from the first playground
- Meet the staff Monday – parent page on FB; would love to have the EA's and support teachers; meet the staff is a great idea
- Front of school – Outdoor learning area – email from Mme Towne – front at the left side by the gym – logs or something to play on; Shelley has been in touch with Sonny about the outdoor space; make it a better outdoor learning area; OT & PT doing a sensory path around the school; hopscotch or ladders that they can do and stop and think about; encouraging the activation of cross brain; trying to hire someone to do it; bright colours with animals;

### Treasurer (Luba King)

- Luba had an emergency
- 1 teacher has submitted their receipt
- Funds look good \$23K

### Fundraising Committee Report (Alicia Shandler)

- Goals – new computers?

- Bid Wars (Alice) – complete in terms of bidding and people will start picking up tomorrow
- In terms of online presence, looks great, 275+ auctions; \$1011 in auction money; will be more because of donations; a lot of work; centralized in Alice's home; hope in the future more hands can get involved; very repeatable process; set up an online and sign up for a pick up in 5 min increments; created a flawless program; it is a fundraiser that we can prove that we used the COVID protocols; maybe do a fall spring and do a costume one in Sept
- Poinsettias sales (Heather) – over \$1000 in sales and will run until the 23<sup>rd</sup> and pick up at school in 5 minute increments,
- Purdy's for Xmas (Grade 7 fundraiser) – we will take on the Easter Purdy's for the PAC
- Virtual Christmas Market (Joy) – make it a really valuable; with Cask and Keg create a PME wine and; parent specific businesses; Melissa – can we partner with the farmer's market; they already have; parent businesses; wine and run it as a big campaign and they can manage the money; pizza and wine night for parents; approach local businesses see if they can cut money back; Alice will look at doing ads
- Spirit wear sales – second launch (Heather) – re launched together with poinsettias
- Anyone have new ideas?

### **Hot Lunch (Rachel & Charissa)**

- DJE does hot lunches; DPAC chair
- Hot lunches for Jan?
- Ask Subway about vegan options

### **CPF Report (Shelley Machan)**

- No update and they have not met yet

### **DPAC Report (Erin Schwarz)**

- Erin is not available due to family matters
- Presentation from Jeannie Harnett of Family Smart Program - In the know (FamilySmart.ca) - Parent in Residence for Maple Ridge and Pitt Meadows - free service to help "provide support, navigation assistance and information and then invites them and professionals to come-alongside each other to learn with and from each other to enhance the quality of experiences and services for child and youth mental health"; excellent resource: [anxietycanada.com](http://anxietycanada.com) - webinars, podcasts available
- Superintendent Sylvia Russell identified 3 schools with COVID in district - letters sent to parents of Edith McDermott,

Alouette Elementary and MRSS; Remind parents of maintaining physical distancing at drop off and pick-up; Heather will do a shout out on the parent page and wearing masks when on the school grounds

- Board of Trustees: Elaine Yamamoto - discussed Trades Program available to students under 19; Sylvia Russell is retiring at the end of January
- MRTA - Martin Dmitrief - First Vice President mentioned social justice - policy development - podcast of "The Trauma Informed Lawyer" Myrna McCallum - educational resource on trauma-informed lawyering
- CUPE - mentioned attendance of students reviewed by clerical staff can be more efficient with parents using parent portal to note child absence; DPAC Facebook page - shows steps for noting child absence on parent portal
- Treasurer of DPAC received gaming grant so PACs should also be receiving theirs
- Next DPAC Zoom meeting Monday Nov. 23rd @ 7 pm

### **Fruit & Veggie Report (Joy Logie)**

- Following all the COVID protocols when doing the fruit & veg program; snacks are still being dropped off each week, there are snack kits being created for kids to have snacks

### **Health & Safety Report (Megan Mercier)**

- Extra emergency key held at the city; Shelley is in charge of the emergency bin; Megan will give Shelley an emergency need to replace 15L cartons need to be replaced before Dec; going to Costco or GFS to replace (37 cases of water)
- We have everything we need from the SD42 but we also need extras
- Looking to get privacy tents and snap on toilet seats for buckets; sanitizer, toilets; have already approved that amount of \$3500; looks like we will use about \$500-\$600
- Would like to get shelving for the E-Bin to make it more safe and efficient in the emergency bin; each backpack weighs about 40lbs each; cambro shelving holds up to 500lbs; thank you from Rachel to helping make the emergency bin happen
- Painting the canister – Shelley to get info on this

**We look forward to seeing you at the next meeting.**

Upcoming Dates to Remember

What	When	Where
<b>PAC Meeting</b>	2nd Tuesday of the month at 6:30pm (Dec	Zoom

Date :

Name	Email	Voting member
Rachel		
Kim Kozik		
Lisa		
Heather Sarah Kwan		
Sarien		
Mike		
Rose		
Shelley		
Alice		
Shelley Machan		
Megan		

